

Good Morning all some information from the Post Surgeon
I hope this finds you all as well as can be.

I would like to try and help with some of the confusion over the recent controversy with COVID-19 especially with the Delta variant.

As all of you know this has sprung a new outbreak of the disease with a huge increase in illness, hospital admissions, and deaths in the United States.

So as to not get to crazy with all the information, I will attempt to make things simple from research that I have reviewed

1. People are dying of this disease. With an increase in illness in young adults and children. Reliable research has shown the UNVACCINATED are the majority of cases.
2. Research shows that even vaccinated you can still catch Covid but at a far lower rate then unvaccinated so that is why masks should be worn inside/outside around people.
3. Research has shown that wearing masks helps prevent the spread of the disease.
4. Research has also shown that staying away from people ill or not helps reduce infection rates.

So I cannot stress enough to help you all stay well. Please observe the following so we can get back to normal sooner

- a. Get Vaccinated for Covid -19 !!!!
- b. Wear a masked around anyone not in your household (people you live with) and where you are out of your house.
- c. Don't allow sick people to come visit you. (That visitor with the cold may have more then a cold.
- d. Wear a mask and wash hands well if you need to visit some one sick.
- e. Also Don't forget to get Tested for Covid

Info for Covid Vaccines

Veterans Administration: www.va/health-care-vaccine/

Southern Nevada Health district: [Southern Nevada Health District.org](http://SouthernNevadaHealthDistrict.org)

99 Medical Group Nellis AFB: [Call 702-653-2273](tel:702-653-2273) and choose the Covid 19 option. The 99MDG is doing they're testing and Vaccinations in the USO on the main base.

Walgreens: Wallgreens.com

CVS: <https://www.cvs.com/minuteclinic/clinic-locator/nv/lasvegas/coronavirus-testing.html>

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